

Self-isolation – what does that mean?

If we have to write to you to tell you your child has to self-isolate, we will advise when the self-isolation period ends and when they can return to school.

Can I take my child for a test?

You should not take your child for a test unless they are displaying Covid-19 symptoms – a new persistent cough, a high temperature, or a change to their sense of taste or smell.

My child has similar symptoms, but they might just be a cold – if I arrange a test anyway and it shows negative, can they return to school before the 14 days are up?

Sorry, pupils cannot return to school before the end of the self-isolation period. This is government guidance. Tests can be “false negatives” if they are taken too early. There is also no safe way to accommodate children at school when the rest of the bubble is closed.

I am losing money by having to self-isolate with my child. Is any financial assistance available?

There is a Test and Trace Support Payment scheme in place for which you may be eligible. Details are available here:
<https://bit.ly/2H7TpDb>

What you must not do when you are self-isolating:

- do not go to work, school or public places – work from home if you can
- do not go on public transport or use taxis
- do not go out to get food and medicine – order it online or by phone, or ask someone to bring it to your home
- do not have visitors in your home, including friends and family, except for people providing essential care
- do not go out to exercise – exercise at home or in your garden, if you have one.