



Haxby Road News

Friday 5th May 2023



A message from Mrs Robinson

Dear Families,
 I hope you all had a super Bank holiday weekend with another to enjoy next week!
 We have a fun packed month ahead, with lots of exciting events and visits, such as our whole school Music Festival and outdoor classroom day.
 Next week, following the Coronation weekend and Bank holiday, our Year 6 children will have a chance to showcase their talents during SATS week. We already know how brilliant they are and how hard they work. We wish them all the best.

Take care and thank you for your continued support.

Mrs Robinson

Mental Health Awareness week is fast approaching and as a school we are taking part in this year's **Wear It Green Day** on **Thursday 18th May**. Children are invited to school wearing something green to show our support for mental health awareness with the Mental Health Foundation.

Outdoor Classroom Day also falls on Thursday 18th May, which is fitting as getting outdoors into nature is one of the 5 ways to wellbeing. Children across school will be taking part in activities/lessons outdoors on that day too - keep your eyes peeled on our social media to see what we have been up to!

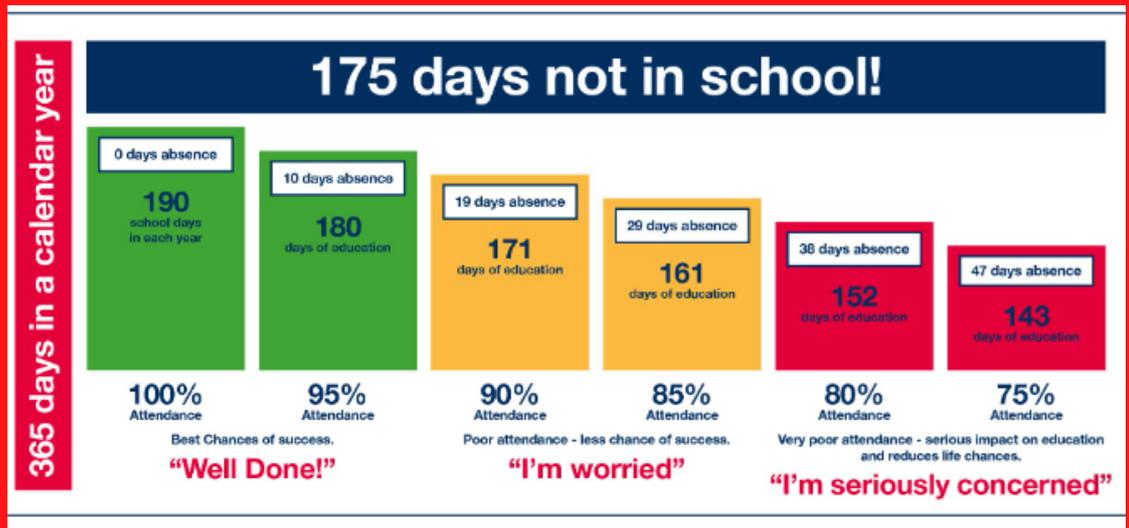


School Attendance

Our School Target is 97%
 National Figure **96%**

This week our whole school attendance was: **90.44%**

- Tiny Steps: 93.88%**
- Nursery: 87.42%**
- Jubbergate: 79.19%**
- Ousegate: 91.43%**
- Fishergate: 93.91%**
- Whip-Ma-Whop-Ma-Gate: 93.94%**
- Gillygate: 93.39%**
- Fossgate: 82.21%**
- Mickegate: 92.45%**
- Stonegate: 95.48%**



The winning class is ... Stonegate
Well Done!

School Value: Kindness

May is mental health awareness month. How will you be taking care of yourself?



Meaningful May 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1 Do something kind for someone you really care about	2 Focus on what you can do rather than what you can't do	3 Take a step towards an important goal, however small	4 Send your friend a photo from a time you enjoyed together	5 Let someone know how much they mean to you and why	6 Look for people doing good and reasons to be cheerful	7 Make a list of what matters most to you and why
8 Set yourself a kindness mission to help others today	9 What values are important to you? Find ways to use them today	10 Be grateful for the little things, even in difficult times	11 Look around for things that bring you a sense of awe and wonder	12 Listen to a favourite piece of music and remember what it means to you	13 Find out about the values or traditions of another culture	14 Get outside and notice the beauty in nature
15 Do something to contribute to your local community	16 Show your gratitude to people who are helping to make things better	17 Find a way to make what you do today meaningful	18 Send a hand-written note to someone you care about	19 Reflect on what makes you feel valued and purposeful	20 Share photos of 3 things you find meaningful or memorable	21 Look up at the sky. Remember we are all part of something bigger
22 Find a way to help a project or charity you care about	23 Recall three things you've done that you are proud of	24 Make choices that have a positive impact for others today	25 Ask someone else what matters most to them and why	26 Remember an event in your life that was really meaningful	27 Focus on how your actions make a difference for others	28 Do something special and revisit it in your memory tonight
29 Today do something to care for the natural world	30 Share a quote you find inspiring to give others a boost	31 Find three reasons to be hopeful about the future				



ACTION FOR HAPPINESS

Happier · Kinder · Together

31 DAYS OF MENTAL HEALTH!

Complete one activity a day. Cross them off as you go!

- Eat lunch in the sun!
- Cook a healthy meal for yourself.
- Treat yourself.
- Drink only water today.
- Write a letter.
- Listen to your favourite album or podcast.
- Take a one hour walk.
- Switch off.
- Self care Sunday!
- Try meditation.
- Digital detox.
- FaceTime your family or friends.
- Have lunch with a friend.
- Read a book.
- Start a conversation.
- Say no to something.
- Take a nap.
- Send a hug to a friend.
- Unfollow negative accounts.
- Rest your eyes.
- Sleep in.
- Explore your suburb.
- Put down your phone.
- Share your story.
- Have a cup of tea in the sun.
- Buy a gift for a friend.
- Go to bed 30 minutes earlier.
- Spread some kindness.
- Compliment a stranger.
- Jot down your ideas.
- Complete a mindfulness activity.

Wear It Green Day

EVENTS

School is Closed Monday 8th May
Whole School Dance Festival Tuesday 16th May. Time changed. Now 2.30-3.00pm
 Thursday 18th May: **Wear something Green Day**
 Sports Day Friday 7th July:
Reception and Key Stage 1 9.00-10.15
Key Stage 2 10.45-12.15
Children are to remain in school for afternoon lessons.