



York RUFC Girls



Girls aged 7-19

Come and give rugby training a try when our new season kicks off on 3rd September...

Wednesday nights

18.30 to 19.30

York Sports Club, Clifton Park, YO30 5RE

Have fun

Develop your rugby skills

Build fitness and friendships

Train with qualified coaches

No previous experience needed

Be part of a team and a growing community

Get the opportunity to play matches



Contact us for more information at YorkRUFGirls@outlook.com

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[@yorkrufgirls](https://www.instagram.com/yorkrufgirls)**

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York RUFC Girls**