

# ALLERGEN AWARE MENU WEEK 1

SERVED W/C

2nd Mar, 23rd Mar, 13th Apr, 4th May, 15th June, 6th July

**Hutchison**

Monday

Tuesday

Wednesday

Thursday

Friday

**Main Meal**

OPTION 1

OPTION 2

**Veggies**

**Sweet Treats**

Margherita pizza & oven baked wedges 	Mixed bean bolognaise with pasta (may contain soya) 	Vegetable sausages with roast potatoes & gravy 	Pea-powered vegetable stir fry with carrot rice 	Vegetable Sausages, chips & tomato ketchup 
Roasted vegetable pizza & oven baked wedges 	Beef & lentil bolognaise with pasta (may contain soya) 	Roast gammon with roast potatoes & gravy 	Creamy coconut chicken curry with carrot rice 	Fish & chips with tomato ketchup 
Broccoli 	Carrots & peas 	Carrot & cabbage 	Broccoli & Cauliflower 	Baked Beans 
Lemon shortbread biscuit 	Chocolate & banana brownie sponge 	Chocolate Brownie 	Baked apple & cinnamon sponge 	Chocolate Shortbread 

Available Every Day – Crunchy colourful Salad Bar & Jacket Potatoes with Vegan Cheese, Beans, Vegan Cheese & Beans or Tuna with Vegan Mayonnaise



**KEY**

Vegan

Nutritionist's Choice

50-50 White & Wholegrain Rice

# ALLERGEN AWARE MENU WEEK 2

SERVED W/C

9th Mar, 20th Apr, 11th May, 1st June, 22nd June, 13th July

**Hutchison**

Monday

Tuesday

Wednesday

Thursday

Friday

**Main Meal**

OPTION 1

OPTION 2

Margherita pizza & oven baked wedges	Pea-powered vegetable casserole & new potatoes	Cauliflower pasta bake (may contain soya)	Veggie all day breakfast	Margherita pizza, chips & tomato ketchup
Tomato, spinach & salmon pasta (may contain soya)	Chicken & vegetable casserole with new potatoes	Roast turkey breast, roast potatoes & gravy	All day breakfast, with pork sausages	Fish & chips with tomato ketchup
Broccoli	Peas	Carrots & cauliflower	Baked beans	Peas
Sultana Flapjack	Apple crumble	Lemon shortbread biscuit	Carrot cake with orange glaze	Raspberry jelly & mandarins

**Veggies**

**Sweet Treats**

Available Every Day – Crunchy colourful salad Bar & Jacket Potatoes with Vegan Cheese, Beans, Vegan Cheese & Beans or Tuna with Vegan Mayonnaise



**KEY** Vegan Nutritionist's Choice 50-50 White & Wholegrain Rice

# ALLERGEN AWARE MENU WEEK 3

SERVED W/C

23rd Feb, 16th Mar, 27th Apr, 18th May, 8th June, 29th June

**Hutchison**

Monday

Tuesday

Wednesday















Thursday

Friday

**Main Meal**

OPTION 1

OPTION 2

Pea-powered mild chilli with rice 	Vegetable sausages & mashed potatoes with gravy 	Pea-powered cottage pie with gravy 	Mac 'n' cheese (may contain soya) 	Vegetable Sausages, chips & tomato ketchup 
Mild beef & lentil chilli con carne with rice 	Pork sausages with mashed potatoes & gravy 	Roast chicken breast with roast potatoes & gravy 	BBQ chicken loaded mac 'n' cheese (may contain soya) 	Fish & chips with tomato ketchup 
Sweetcorn 	Peas & carrots 	Broccoli & carrots 	Selection from the salad bar 	Baked Beans 
Chocolate Shortbread 	Apple & Summer berry crumble 	Chocolate Brownie 	Raspberry jelly & mandarins 	Lemon shortbread biscuit 



**Veggies**

**Sweet Treats**

Available Every Day – Crunchy colourful Salad Bar & Jacket Potatoes with Vegan Cheese, Beans, Vegan Cheese & Beans or Tuna with Vegan Mayonnaise



**KEY**

Vegan  Nutritionist's Choice 

50-50 White & Wholegrain Rice 