

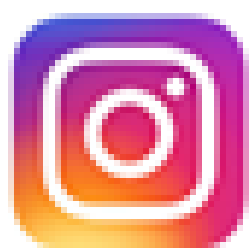
ONLINE WEBINAR SCHEDULE SUMMER TERM 2026

Monday 20th April 4pm - 5pm -
Exam Stress

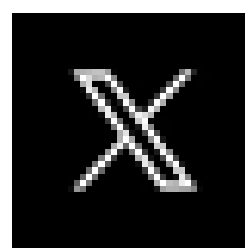
Monday 15th June 4pm - 5pm -
Transitions

Monday 13th July 4pm - 5pm -
5 Ways to Wellbeing

All webinars can be accessed through Microsoft teams and are free to join. We welcome young people, parents and carers, teachers and other professionals to join. Joining information will be posted on our social media channels closer to the time.



@wellbeinginmind.mhst



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If you have any questions please contact
tewv.wimtwsa@nhs.net